

Date:27/03/2025
CWSD/PRE/25-26/OUT/010

Meal Plan -Nursery to Class II

SR NO	DAYS	LONG BREAK
1	MON	Poha/Upma with assorted fruits
2	TUE	Cucumber sticks and Idli/dosa/Appam
3	WED	Nuts and mixed veg Paratha
4	THUR	Lemon rice/fried rice with curd
5	FRI	Veg sandwich and nuts

Note: Following the meal plan is mandatory

*Whoever wishes to send Egg in the Tiffin are free to do so (please label the lid Red in colour)



Regards
Mr.Nischal Nair
Principal