

Date:03/04/2023 CWSD/23-24/006

MEAL PLAN 1st April 2023 to 1st July 2023

SR.NO	DAYS	SHORT BREAK	LONG BREAK
1	MON	fresh fruits/sprout salad	Vegetable roti wrap
2	TUE	fox nuts/seasonal fruit	vegetable fried rice /chilla
3	WED	Papdi/Khakra	Mix veg paratha/roti sabzi
4	THUR	salad/corn chat	idli/dhokla/dosa
5	FRI	curd salad/ fruits	sandwich/roti pizza

Note- following the meal plan is mandatory.

Those who wish to send eggs are free to do so.

Regards Jyhha

Principal



