

Circular No.15/2019-20

Meal Plan – Nursery to Class II

Dear Parent

Here is the menu for the month of February & March 2020. Please follow it from 01.02.2019 to 31.03.2020

MONDAY	Recess	Cucumber Sticks or a seasonal fruit
	Lunch	Poha OR Vegetable Pasta
TUESDAY	Recess	Nuts or some fritters
	Lunch	Noodles with vegetables OR Rice with vegetables
WEDNESDAY	Recess	Fruit salad or salad
	Lunch	Upma OR Idli OR Dholka
THURSDAY	Recess	Cookies
	Lunch	Cucumber Sandwich OR Homemade Burger OR Veg Sandwich
FRIDAY	Recess	Seasonal Fruit
	Lunch	Any stuffed Paratha OR Aloo Tikki

*Whoever wishes to send Non Veg or Egg in the Tiffin are free to do so.