

Date:01/04/2024 CWSD/24-25/006

MEAL PLAN 1st April 2024 to 30th June 2024

SR.NO	DAYS	SHORT BREAK	LONG BREAK
1	MON	Nuts	Paratha or bhakri with jam or achar
2	TUE	Khakra	Idli chutney or medu wada
3	WED	Seasonal fruits	Sandwiches
4	THUR	Makhana	Poha or upma
5	FRI	Cucumber sticks	Stuffed parathas

For class Nur to 1 only a long break Class 2 will have breaks.

Note-following the meal plan is mandatory.

Those who wish to send eggs are free to do so.



